



# MORNING ROUTINE

*Six steps. One calm launch.*

ONE STEP AT A TIME

CHECK THE CIRCLE WHEN DONE

WEEK OF .....

STEP 01

BY



.....

STEP 02

BY



.....

STEP 03

BY



.....

STEP 04

BY



.....

STEP 05

BY



.....

STEP 06

BY



.....



All six checked before the clock?

+10 XP BONUS

OUT THE DOOR BY .....

*The chart does the reminding – not you.*

*Let your child write the steps in their own words – that's what makes it theirs.*